

# SAVE MONEY – MANAGE MALNUTRITION

At any point in time more than 3 MILLION people in the UK are malnourished or at risk of malnutrition; most (~93%) live in the community<sup>1</sup>

Malnourished individuals have<sup>2</sup>:



Costing 3-4 times more to manage than a non-malnourished individual.

**Malnutrition costs £23 BILLION**

in health & social care spend each year in the UK<sup>2</sup>

With a growing & ageing population, this figure is only set to increase

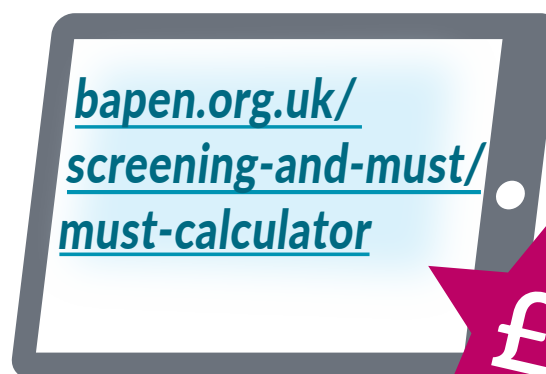


## HOW CAN WE SAVE MONEY?

Implement NICE Clinical Guidelines 32: Nutrition Support in adults<sup>3</sup> & supporting Quality Standard 24<sup>4</sup>, both rated high impact for cost savings.

Using a tool such as 'MUST'

**IDENTIFY** and **MANAGE** malnourished patients...



**To provide cost savings of up to £71,800 per 100,000 population<sup>5</sup>, as well as improving patient outcomes.**

**References:** 1. Elia M and Russell CA. Combating Malnutrition: Recommendations for Action. BAPEN, 2009. 2. Elia M, on behalf of the Malnutrition Action Group (BAPEN) and the National Institute for Health Research. 2015. <http://www.bapen.org.uk/pdfs/economic-report-full.pdf>. 3. NICE. Nutrition support in adults: oral nutrition support, enteral tube feeding and parenteral nutrition. Clinical Guideline 32, 2006. 4. NICE. Nutrition support in adults. Quality Standard 24, 2012. 5. <https://www.nice.org.uk/guidance/qs24/resources/support-for-commissioners-and-others-using-the-quality-standard-on-nutrition-support-in-adults-pdf-252372637> [Access 01.06.18].